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You can't change the past, but you can ruin the present by worrying about the future.

## From the Office

A fresh, new term has arrived and we trust that each of you was able to enjoy a well-deserved break.

Welcome back and good luck with the new term.

We would like to welcome Mrs Natasha Hollander, who takes over the reins from Ms Teegan Janse van Rensburg.

She is already well known to MRP and we look forward to having her in our midst.

Welcome to Mrs Mariëtte de Bruin, who is filling in for Mrs Liandri Bosman during her maternity leave.

Congratulations on the birth of their little boy who arrived yesterday.

Please note that learners may already start wearing winter uniform, provided it is the full winter uniform.

Summer and Winter uniform may not be combined.

The official date on which learners switch to winter uniform is Tuesday, 2 May 2023.

## INFORMATION

### TRUTH

If you got rid of excess household supplies, clothes, etc. during the holidays and are still in the process of doing so, we kindly ask you to donate it to the school for our various charity drives.



Cleaned out your cupboards this past holiday?  
Don't know what to do with the bags filled with old stuff?

No worries!  
TRUTH will take care of it!

Send all unwanted goodies to Ms. Minette Bornman.  
Room S02 - Junior Quad.

@ridgeguts @msrptruth



## CROSS COUNTRY

The first AGN Cross Country League 1 (all ages) will take place on Saturday, 22 April 2023 at Laerskool Fleur in Lyttelton. Please follow the link for more information:

[AGN CROSS COUNTRY LEAGUE 1](#) 



**CROSS COUNTRY >>>>>**

**ATTENTION:**  
**CLUB EVENT ARE STARTING**  
**PLEASE READ ATTACHED**  
**LETTERS**

**MIDSTREAM  
RIDGE**




**EXCELLENTIA**

*Practice times:  
Tuesdays and Thursdays  
@ 13:45 - 14:30*



## COMPREHENSIVE STUDY METHODS COURSE

Please click on the link for more information regarding the course offered by Christa Lombaard.

[STUDY METHODS COURSE](#) 

## GRADE 8 ADMISSIONS 2024

Grade 8 admissions for 2024 will be open until Friday, 28 April 2023. If you would like your child to attend *Midstream College*, kindly note that you have to complete the application form online.

Please consult the *Midstream College* website for the relevant guidelines and online form.

<https://www.midstreamcollege.co.za/admissions/>

For any admission enquiries, contact Ms Carine Cronje. ([carinec@midstreamcollege.co.za](mailto:carinec@midstreamcollege.co.za))

