



# ★ Stars ★

**CONGRATULATIONS TO ANUSHKA JANSE VAN RENSBURG IN GRADE 7, WHO FINISHED SIXTH OVERALL IN THE COUNTRY DURING THE SA NATIONAL CHAMPIONSHIPS, WHICH TOOK PLACE FROM 1 – 4 SEPTEMBER. WE ARE SO PROUD OF YOU, ANUSHKA!**



**MRP GIRLS EXCEL!**



## **GIA MAKES HISTORY**



**GIA GREVELINK IS OUR FIRST GIRL'S GOLFER TO BE INVITED TO COMPETE IN THE NORTH GAUTENG GOLF PLAYOFFS. SHE ALSO RECEIVED THE TROPHY FOR BEST PROGRESS. ALTHOUGH SCHOOL GOLF STILL HAS MANY BOYS PARTICIPATING, SHE ENJOYS COMPETING WITH THEM AND KEEPS THEM ON THEIR TOES. SHE WILL BE PLAYING IN THE SECOND AND FINAL ROUNDS THIS COMING WEEK. WE WISH HER ALL THE BEST.**

# From the Office

”  
**FOCUS ON THE  
 OUTCOME,  
 NOT THE  
 OBSTACLE**

The year flew by with many highlights and sometimes a challenge or two. We are in the last stretch, and the end is in sight. Good luck to every learner who is currently writing exams and to all parents who assist and support their children so faithfully.

We wish you all the best for this short but important month ahead. If the exam stress runs too high, feel free to read these quotes about exams:

*"An exam is the only way to know something, at least for a few days."*

*"The night before the exam is like the night before Christmas - You can't sleep, and you still hope for a miracle."*

*"Google, why don't you sit next to me during the exam?"*

*"Everything was going perfectly until the exams came."*

*"Happiness is the last second of your final exam."*

**Just remember this recipe for success - Study while others sleep; Work while others relax; Prepare while others play and Dream while others wish.**



**SWIM CLINIC**


Please take note of the swimming clinic offered by *CENTURION SWIMMING & AQUA CENTER* at *Midstream College* from Monday, 7 November to Thursday, 1 December 2022. This clinic is the ideal opportunity for your child to sharpen their swimming skills for the upcoming swimming season. Please follow the link below for further information and registration.




**TRUTH: Foodbag Project**

**BOOK ORDERS**

We urge parents to complete all book orders by Sunday, 20 November. To place orders and for further information regarding booklists per grade, please click on the following link below:



## RUGBY & NETBALL PRE-SEASON TRAINING SESSIONS

We encourage all prospective and current rugby and netball players, ages u/10 - u/12 (Gr. 4 to 6), to attend the following pre-season training sessions:

Thursday	10/11	Rugby & Netball	Rugby	Netball
Tuesday	15/11			
Thursday	17/11	u/10 - u/12	u/8 & u/9	u/9
Tuesday	22/11			
Thursday	24/11	10:30 - 12:00	12:00 - 13:00	12:00 - 13:00

## RIDGE HARMONICS (SNR CHOIR)

We are so excited to start a new year with our Senior Choir! To ensure the year begins in song, we have an open call for all Grade 4 to 7 Singing Stars to join us on Saturday, 14 January 2023.

If you would like to join the Senior Choir for the year, if you have already been part of the choir before and want to join again for 2023 or want to find out what our choir is about, you are welcome to come to spend the day with us.

**WHERE: MRP SCHOOL HALL**

**WHEN: 14 JANUARY 2023**

**TIME: 08:30 - 15:00**

We will spend the day learning all our new songs, being sorted into voice groups and having an awesome time together!

A letter will be following in 2023 with all the extra details.

We hope to see as many of you as possible at our Choir Auditions.

**Congratulations to the following staff members who were elected as part of the *BULLS UNION FOR PRIMARY SCHOOLS*:**



	<p><b>MR RIAAN LANGEHOVEN</b></p>	<p><b>CHAIR PERSON</b></p>
	<p><b>MR MARCEL JANSEN VAN NIEUWENHUIZEN</b></p>	<p><b>SECRETARY</b></p>
	<p><b>MR ESJE ESTERHUIZE</b></p>	<p><b>ADDITIONAL MEMBER: DEVELOPMENT</b></p>




**SING  
IN  
MIDSTREAM**  
**27 NOVEMBER**  
**18h30**

**TRADITIONAL  
CHRISTMAS CAROLS**

in partnership with




**SING IN MIDSTREAM** is back, and it's better than ever. This year there will be traditional sing-along carols for the whole family to enjoy. So join us from 17:00 on Sunday, 27 November, at *Midstream Ridge Primary School* for a celebration with the community, Christmas family photos, fun for children and refreshments.

Book your tickets from R50 at Quicket:

<https://www.quicket.co.za/events/155647-sing-in-midstream-2022/>

We will be giving away two R1000 SPAR vouchers during the evening.

We are running a Charity Comfort Box initiative with SPAR this year. It's very simple - take a label from the Christmas tree at the entrance of any SPAR store and scan it at the cashier. Your gift box will be packed and added to the collection container. Your gift box will provide first-hand assistance for children, women and men who have been victims of gender-based violence, rape and human trafficking. This year we are supporting *The Epic Foundation* and *Yenzani Children's Home*.

# ★ Rakker Athletics Stars ★

Midstream Ridge Primary School's athletes once again had a very successful event this term with their first participation in the P4 athletics, which will be combined with a P8 event next year. Congratulations to all the athletes who have already participated in next year's age group in preparation for the 2023 season.





# More Rakker Stars



# S

# Q

# U

# A

# S

# H

## PRIMARY SCHOOLS SQUASH LEAGUE 2022



# 1

**GIRLS A LEAGUE WINNERS : - MIDSTREAM RIDGE GIRLS A TEAM**

ANUSHKA JV RENSBURG  
SARAH DE VILLIERS  
JENNA RUDDMAN  
MIA BAKKES

CONGRATULATIONS TO OUR MIDSTREAM RIDGE GIRLS CHAMPS

## PRIMARY SCHOOLS SQUASH LEAGUE 2022



# 2

**INTRO LEAGUE 2nd Place : - MIDSTREAM RIDGE INTRO TEAM**

REUBEN LE ROUX  
JOSH RAFFANTI  
HERCULES FRONEMAN  
VICTOR MEYER

CONGRATULATIONS TO OUR MIDSTREAM RIDGE CHAMPS!

## PRIMARY SCHOOLS SQUASH LEAGUE 2022



# 2

**GIRLS C LEAGUE 2ND : - MIDSTREAM RIDGE B TEAM**

GABRIELLE GROENEWALD  
NICKEZEL GROBLER  
RACHEL DE BEER  
LENE LOMBARD

CONGRATULATIONS TO OUR MIDSTREAM RIDGE PRIMARY B TEAM

## PRIMARY SCHOOLS SQUASH LEAGUE 2022

**B LEAGUE 3rd Place : - MIDSTREAM RIDGE PRIMARY B1**

LODEWYK DE CLERQ  
CHRISTIAAN RAUTENBACH  
JUAN VAN ECK  
HENRY DU PREEZ  
MICHAEL BASSON

# 3



CONGRATULATIONS TO OUR MIDSTREAM RIDGE CHAMPS!

## PRIMARY SCHOOLS SQUASH LEAGUE 2022



# 3

**C LEAGUE 3rd Place : - MIDSTREAM RIDGE C1**

CG VAN NIEKERK  
JACO VAN NIEKERK  
ELUANCO GROBLER  
ETTIEENNE LE ROUX

CONGRATULATIONS TO OUR MIDSTREAM RIDGE CHAMPS!

## PRIMARY SCHOOLS SQUASH LEAGUE 2022



**A LEAGUE 4th Place : - MIDSTREAM RIDGE PRIMARY A**

# 4

MANGALISO MBATHA  
EVAN JV RENSBURG  
NATHANIEL V DEVENTER  
JONATHAN VAN DEVENTER

CONGRATULATIONS TO OUR MIDSTREAM RIDGE PRIMARY A TEAM!

## PRIMARY SCHOOLS SQUASH LEAGUE 2022

**B LEAGUE 5th Place : - Midstream Ridge Primary B2**

INNES MEYER  
JAMES DU PREEZ  
LOUIS VAN NIEKERK  
JAYDEN LOUW  
RUBEN LOMBARD

# 5



CONGRATULATIONS TO OUR B LEAGUE MIDSTREAM RIDGE PLAYERS!

CONGRATULATIONS TO OUR SQUASH TEAMS WHO KEPT OUR NAME HIGH DURING THE YEAR. WE ARE PROUD OF YOUR ACHIEVEMENTS AND COMMITMENT IN 2022!

